Appendix

Information Resources

**Academic**

- www.mayoclinic.com
- Mayo Clinic nutrition information
- www.navigator.tufts.edu
- Tufts University Nutrition Navigator

**Aging**

- www.aoa.gov
- Administration on Aging
  330 Independence Avenue SW
  Washington, DC 20201
  (202) 619-7501

- www.aarp.org
- American Association of Retired Persons (AARP)
  601 E Street NW
  Washington, DC 20049
  (800) 424-3410

- www.americangeriatrics.org
- American Geriatrics Society
  The Empire State Building
  350 Fifth Avenue, Suite 801
  New York, NY 10118
  (212) 308-1414

- www.aoa.gov/naic
- National Aging Information Center
  330 Independence Avenue SW
  Washington, DC 20201
  (202) 619-7501

- www.ncoa.org
- National Council on the Aging
  1828 L Street NW
  Washington, DC 20036

- www.nia.nih.gov
- National Institute on Aging
  Building 31, Room 5C27
  31 Center Drive, MSC 2292
  Bethesda, MD 20892
  (301) 496-1752

**Alcohol and Drug Abuse**

- www.al-anon.alateen.org
  Al-Anon/Alateen
  1600 Corporate Landing Parkway
  Virginia Beach, VA 23154-5617
  (888) 425-2666; (757) 563-1600

- www.aa.org
- Alcoholics Anonymous (AA)
  General Service Office
  Grand Central Station
  P.O. Box 459
  New York, NY 10163
  (212) 870-3400

- http://prevention.samhsa.gov/
  Center for Substance Abuse Prevention
  Substance Abuse and Mental Health Services Administration
  1 Choke Cherry Road
  Room 8-1054
  Rockville, MD 20857
  (240) 276-2420; fax: (240) 276-2430

- www.wsoinc.com
- Narcotics Anonymous (NA)
  P.O. Box 9999
  Van Nuys, CA 91409
  (818) 773-9999; fax: (818) 700-0700

- www.health.org
- National Clearinghouse for Alcohol and Drug Information (NCADI)
  P.O. Box 2345
  Rockville, MD 20847-2345
  (800) 729-6686
Alcohol and Drug Abuse (continued)

www.ncadd.org
National Council on Alcoholism and Drug Dependence (NCADD)
20 Exchange Place
Suite 2902
New York, NY 10005
(800) 622-2255; (212) 269-7797; fax: (212) 269-7510

Canadian Government: Federal

www.agr.gc.ca
Agriculture and Agri-Food Canada
Public Information Request Services
Sir John Carling Building
930 Carling Avenue
Ottawa, ON K1A 0C7
(613) 759-1000; fax: (613) 759-6726

www.hc-sc.gc.ca/food-aliment/ns-sc/e_nutrition.html
Bureau of Nutritional Sciences
Nutrition Research Division
Sir Fredrick G. Banting Research Center
Tunney’s Pasture (2203C)
Ottawa, ON K1A 0L2
(613) 957-0919; fax: (613) 941-6182

www.he-sc.gc.ca/food-aliment/ns-sc/e_nutrition.html
Bureau of Nutritional Sciences
Nutrition Evaluation Division
Sir Fredrick G. Banting Research Center
Tunney’s Pasture (2203A)
Ottawa, ON K1A 0L2
(613) 957-0352; fax: (613) 941-6636

www.inspection.gc.ca
Canadian Food Inspection Agency
59 Camelot Drive
Ottawa, ON K1A 0Y9
(800) 442-2342; (613) 225-2342; fax: (613) 228-6653

www.cpha.ca
Canadian Public Health Association
400-1565 Carling Avenue
Ottawa, ON K1Z 8R1
(613) 725-3769; fax: (613) 725-9826

www.agr.gc.ca/mish/fb-ba/nutra/index_e.php?page=intro
Functional Foods and Nutraceuticals
Food Bureau
597-930 Carling Avenue
Ottawa, ON K1A 0C5

www.hc-sc.gc.ca
Health Canada

www.ccfn.ca
The Canadian Council of Food and Nutrition
3800 Steeles Avenue West, Suite 301A
Woodbridge, ON L4L 4G9
(905) 265-1349

Canadian Government: Provincial and Territorial

Consultant, Nutrition Health and Wellness Promotion, Population Health,
Department of Health and Social Services, Government of the Northwest Territories
Center Square Tower, 6th Floor
P.O. Box 1320
Yellowknife, NT X1A 2L9

Coordinator, Health Information Resource Center
Department of Health and Social Services
1 Rochford Street, Box 2000
Charlottetown, PEI C1A 7N8

Director, Health Promotion Department of Health, Government of Newfoundland and
Labrador
P.O. Box 8700
Confederation Building, West Block
St. John’s, NF A1B 4J6

Director, Nutrition Services
Yukon Hospital Corporation
#5 Hospital Road
Whitehorse, Y1A 3H7
APPENDIX

INFORMATION RESOURCES

Canadian Government: Provincial and Territorial (continued)

Executive Director
Health Programs
2nd Floor 800 Portage Avenue
Winnipeg, MB R3G 0P4

Health Promotion Unit
Population Health Branch
Saskatchewan Health
3475 Albert Street
Regina, SK S4S 6X6

Nutritionist
Preventive Services Branch
Ministry of Health
1520 Blanshard Street
Victoria, BC V8W 3C8

Population Health Strategies Branch
Alberta Health
23rd Floor, TELUS Plaza, North Tower
10025 Jasper Avenue
Edmonton, AB T5J 2N3

Project Manager, Public Health Management Services
Health and Community Services
P.O. Box 5100
520 King Street
Fredericton, NB E3B 5G8

Public Health Nutritionist
Central Health Region
201 Brownlow Avenue, Unit 4
Dartmouth, NS B3B 1W2

Responsables de la santé cardiovasculaire et de la nutrition
Ministère de la Santé et des Services sociaux, Service de la
Prévention en Santé
3e étage, 1075, chemin Sainte-Foy
Québec (Québec) G1S 2M1

Senior Consultant, Nutrition
Public Health Branch
Ministry of Health, 8th Floor
5700 Yonge St.
New York, ON M2M 4K5

Complementary and Alternative Nutrition

http://nccam.nih.gov/
National Center for Complementary and Alternative Medicine, NIH
Bethesda, MD 20892
(888) 644-6226

www.he-sc.gc.ca/hpb/onhp/
Office of Natural Health Products
171 Slater Street
9th Floor
Ottawa, ON K1P 5H7
(613) 946-1615

Consumer Organizations

www.diabetes.ca
Canadian Diabetes Association
15 Toronto Street
Suite 800
Toronto, ON M5C 2E3
(800) 226-8464; (416) 363-3373

www.cspinet.org
Center for Science in the Public Interest (CSPI)
1875 Connecticut Ave NW, Suite 300
Washington, DC 20009-5728
(202) 332-9110; fax: (202) 265-4954

www.consumersunion.org
Consumers Union
101 Truman Avenue
Yonkers, NY 10703-1057
(914) 378-2000

www.pueblo.gsa.gov
Federal Consumer Information Center
Pueblo, CO 81009
(800) 688-9889; (888) 878-3256

www.ncahf.org
National Council Against Health Fraud, Inc. (NCAHF)
119 Foster Street
Peabody, MA 01960
(978) 532-9383

www.quackwatch.com
Stephen Barrett, MD
P.O. Box 1747
Allentown, PA 18105
(610) 437-1795
**Eating Disorders**

- [www.anad.org](http://www.anad.org)
  National Association of Anorexia Nervosa and Associated Disorders, Inc. (ANAD)
  P.O. Box 7
  Highland Park, IL 60035
  (847) 831-3438; fax: (847) 433-4632

- [www.nedic.ca](http://www.nedic.ca)
  National Eating Disorder Information Centre
  200 Elizabeth Street, CW 1-211
  Toronto, Ontario M5G 2C4
  (866) 633-4220; (416) 340-4156; fax: (416) 340-4736

- [www.nationaleatingdisorders.org](http://www.nationaleatingdisorders.org)
  National Eating Disorders Association
  603 Stewart Street, Suite 803
  Seattle, WA 98101
  (206) 382-3587

**Food Safety**

- [www.foodandfarming.info](http://www.foodandfarming.info)
  The Alliance for Food & Farming
  P.O. Box 2747
  Watsonville, CA 95077
  (831) 786-1666; fax: (831) 786-1668

- [www.cfsan.fda.gov](http://www.cfsan.fda.gov)
  FDA Center for Food Safety and Applied Nutrition
  5100 Paint Branch Parkway
  College Park, MD 20740
  (888) 723-3366

- [www.epa.gov/opptintr/lead/nlic.htm](http://www.epa.gov/opptintr/lead/nlic.htm)
  National Lead Information Center
  (800) 424-5323

- [www.npic.orst.edu/index.html](http://www.npic.orst.edu/index.html)
  National Pesticide Information Center
  Oregon State University
  333 Weniger Hall
  Corvallis, OR 97331-6502
  (800) 858-7378

  Seafood Safety Hotline
  (800) 332-4010; (202) 205-4314

  U.S. EPA Safe Drinking Water Hotline
  (800) 426-4791

  USDA Food Safety and Inspection Service
  Food Safety Education Office
  Room 1180-S
  Washington, DC 20250
  (202) 720-3333

- [USDA Meat and Poultry Hotline](http://www.fsis.usda.gov)
  (800) 535-4555

**Infancy, Childhood, and Adolescence**

- [www.aap.org](http://www.aap.org)
  American Academy of Pediatrics
  141 Northwest Point Boulevard
  Elk Grove Village, IL 60007-1098
  (847) 434-4000; fax: (847) 434-8000

- [www.birthdefects.org](http://www.birthdefects.org)
  Birth Defect Research for Children, Inc.
  930 Woodcock Road
  Suite 225
  Orlando, FL 32803
  (407) 895-0802

- [www.cps.ca](http://www.cps.ca)
  Canadian Paediatric Society
  100-2204 Walkley Road
  Ottawa, ON K1G 4G8
  (613) 526-9397; fax: (613) 526-3332

- [www.childrensfoundation.net](http://www.childrensfoundation.net)
  Children’s Foundation
  725 Fifteenth Street NW
  Suite 505
  Washington, DC 20005-2109
  (202) 347-3300; fax: (202) 347-3382

  KidsHealth
  The Nemours Foundation
  [www.nationaleatingdisorders.org](http://www.nationaleatingdisorders.org)
  603 Stewart Street, Suite 803
  Seattle, WA 98101
  (206) 382-3587

  [www.floridaflavor.org](http://www.floridaflavor.org)
  Florida Flavor
  141 Northwest Point Boulevard
  Elk Grove Village, IL 60007-1098
  (847) 434-4000
Appendix

Information Resources

International Agencies

www.fao.org
Food and Agriculture Organization of the United Nations
(FAO)
Liaison Office for North America
2175 K Street, Suite 300
Washington, DC 20437
(202) 653-2400

www.ific.org
International Food Information Council Foundation
1100 Connecticut Avenue NW
Suite 430
Washington, DC 20036
(202) 296-6540

www.unicef.org
UNICEF
3 United Nations Plaza
New York, NY 10017
(212) 326-7000; fax: (212) 887-7465

www.who.int/home-page
World Health Organization (WHO)
Regional Office
525 23rd Street NW
Washington, DC 20037
(202) 974-3000; fax: (202) 974-3663

Pregnancy and Lactation

www.acog.org
American College of Obstetricians and Gynecologists
Resource Center
409 12th Street SW
Washington, DC 20024-2188
(202) 638-5577

www.lalecheleague.org
La Leche League International, Inc.
1400 N. Meacham Road
Schaumburg, IL 60173-4048
(847) 519-7730

www.modimes.org
March of Dimes Birth Defects Foundation
1275 Mamaroneck Avenue
White Plains, NY 10605
(888) 663-4637

Professional Nutrition Organizations

ADA, The Nutrition Line
(800) 366-1655

www.eatright.org
American Dietetic Association (ADA)
216 West Jackson Boulevard
Suite 800
Chicago, IL 60606-6995
(800) 877-1600; (312) 899-0040

www.ascn.org
American Society for Clinical Nutrition
9650 Rockville Pike
Bethesda, MD 20814-3998
(301) 530-7110; fax: (301) 634-7350

www.asns.org
American Society for Nutritional Sciences
9650 Rockville Pike
Suite 4500
Bethesda, MD 20814
(301) 634-7050; fax: (301) 634-7892

Canadian Dietetic Association
480 University Avenue
Suite 601
Toronto, ON M5G 1V2

Canadian Society for Nutritional Sciences
Department of Food and Nutrition
University of Manitoba
Winnipeg, MB R3T 2N2

www.dietitians.ca
Dietitians of Canada
480 University Avenue, Suite 604
Toronto, ON M5G 1V2
(416) 596-0857; fax: (416) 596-0603

http://hni.ilsi.org
ILSI Human Nutrition Institute (HNI)
One Thomas Circle
Washington, DC 20005
(202) 659-0524; fax: (202) 659-3617

www.ift.org
Institute of Food Technologists
525 West Van Buren
Suite 1000
Chicago, IL 60607
(312) 782-8424; fax: (312) 782-8348
Professional Nutrition Organizations (continued)

www.nationalacademies.org/nrc
National Academy of Sciences/National Research Council (NAS/NRC)
2101 Constitution Avenue NW
Washington, DC 20418
(202) 234-2000

www.sne.org
Society for Nutrition Education
9202 North Meridian
Suite 200
Indianapolis, IN 46260
(800) 235-6690

Sports Nutrition

www.acsm.org
American College of Sports Medicine (ACSM)
401 W. Michigan Street
Indianapolis, IN 46202-3233
(317) 637-9200; fax: (317) 634-7817

www.acefitness.org
American Council on Exercise (ACE)
4851 Paramount Drive
San Diego, CA 92123
(800) 825-3636

www.cahperd.ca
Canadian Association for Health, Physical Education, Recreation, and Dance
403-2197 Riverside Drive
Ottawa, ON K1H 7X3
(613) 523-1348

www.csep.ca
Canadian Society for Exercise Physiology
185 Somerset St. West
Suite 202
Ottawa, ON K2P 0J2
(613) 234-3755; fax: (613) 234-3565

www.fitness.gov
President’s Council on Physical Fitness and Sports
Humphrey Building, Room 738
200 Independence Avenue SW
Washington, DC 20201
(202) 690-9000; fax: (202) 690-5211

www.runnersworld.com
Runners World
Rodale, Inc.
Emmaus, PA 18098
(610) 967-8809

Sports Medicine and Science Council of Canada
1600 James Naismith Drive
Suite 306
Gloucester, Ontario K1B 5N4
(613) 748-5671; fax: (613) 748-5729

Sports Safety Board of Quebec
100 Laviolette Bureau 306
Trois-Rivières, Quebec G9A 5S9
(819) 371-6033

www.scandpg.org
Sports, Cardiovascular and Wellness Nutritionists (SCAN)

www.ideafit.com
The International Association for Fitness Professionals (IDEA)
6190 Cornerstone Court East # 204
San Diego, CA 92121-3773
(800) 999-4332 ext 7; fax: (858) 535-8234

www.veggie.org/
Veggie Sports Association

Supplements

International Bibliographic Information on Dietary Supplements (IBIDS)

Office of Dietary Supplements
National Institutes of Health
Building 31, Room 1B29
31 Center Drive, MSC 2086
Bethesda, MD 20892-2086
(301) 435-2590; fax: (301) 480-1845

Trade and Industry Organizations

www.aibonline.org
American Institute of Baking
1213 Bakers Way
P.O. Box 3999
Manhattan, KS 66505-3999
(800) 633-5137; (785) 537-4750; fax: (785) 537-1493
6  APPENDIX  INFORMATION RESOURCES

**Trade and Industry Organizations (continued)**

- [www.meatami.org](http://www.meatami.org)
  American Meat Institute
  1700 North Moore Street
  Suite 1600
  Arlington, VA 22209
  (703) 841-2400; fax: (703) 527-0938

- [www.beechnut.com](http://www.beechnut.com)
  Beech-Nut Nutrition Corporation
  100 S. 4th Street
  St. Louis, MO 63102
  (800) 233-2468

- [www.gssiweb.com](http://www.gssiweb.com)
  Gatorade Sports Science Institute
  617 West Main Street
  Barrington, IL 60010
  (800) 616-4774

- [www.generalmills.com/corporate](http://www.generalmills.com/corporate)
  General Mills, Inc.
  Number One General Mills Boulevard
  Minneapolis, MN 55426
  (800) 328-6787

- [www.gerber.com](http://www.gerber.com)
  Gerber Products Co.
  445 State Street
  Fremont, MI 49413-0001
  (800) 443-7237

- [www.heinz.com](http://www.heinz.com)
  H.J. Heinz Company
  World Headquarters
  P.O. Box 57
  Pittsburgh, PA 15230-0057
  (412) 456-5700

- [www.kelloggs.com](http://www.kelloggs.com)
  Kellogg Company
  P.O. Box 3599
  Battle Creek, MI 49016-3599
  (616) 961-2000

- [www.kraftfoods.com](http://www.kraftfoods.com)
  Kraft Foods
  Consumer Response and Information Center
  One Kraft Court
  Glenview, IL 60025
  (800) 323-0768

- [www.nationaldairycouncil.org](http://www.nationaldairycouncil.org)
  National Dairy Council
  10255 West Higgins Road
  Suite 900
  Rosemont, IL 60018-5616
  (847) 803-2000

- [www.pillsbury.com](http://www.pillsbury.com)
  Pillsbury Company
  2866 Pillsbury Center
  Minneapolis, MN 55402
  (800) 775-4777

- [www.pg.com](http://www.pg.com)
  Procter & Gamble Company
  One Procter and Gamble Plaza
  Cincinnati, OH 45202
  (513) 983-1100

- [www.sunkist.com](http://www.sunkist.com)
  Sunkist Growers
  Consumer Affairs, Fresh Fruit Division
  14130 Riverside Drive
  Sherman Oaks, CA 91423
  (800) 248-7875

- [www.dannon.com](http://www.dannon.com)
  The Dannon Company
  120 White Plains Road
  Tarrytown, NY 10591-5536
  (877) 326-6668

- [www.nutrasweet.com](http://www.nutrasweet.com)
  The NutraSweet Company
  P.O. Box 2986
  Chicago, IL 60654-0986
  (800) 323-5316

- [www.uffva.org](http://www.uffva.org)
  United Fresh Fruit and Vegetable Association
  727 North Washington Street
  Alexandria, VA 22314
  (703) 836-3410

- [www.usarice.com](http://www.usarice.com)
  USA Rice Federation
  4301 North Fairfax Drive
  Suite 305
  Arlington, VA 22203
  (703) 351-8161

- [www.cognis.com/veris/verisdefault.htm](http://www.cognis.com/veris/verisdefault.htm)
  VERIS Online Research Information Service
**Weight Management**

http://nutrition.uvm.edu/bodycomp/
Body Composition Analysis Tutorials

www.overeatersanonymous.org
Overeaters Anonymous (OA)
World Service Office
6075 Zenith Court NE
Rio Rancho, NM 87124
(505) 891-2664; fax: (505) 891-4320

www.shapeup.org
Shape Up America!
6707 Democracy Boulevard
Suite 306
Bethesda, MD 20817
(301) 493-5368

www.tops.org
TOPS (Take Off Pounds Sensibly)
4575 South Fifth Street
P.O. Box 07360
Milwaukee, WI 53207-0360
(800) 932-8677; (414) 482-4620

www.niddk.nih.gov/index.htm
Weight-control Information Network
1 WIN Way
Bethesda, MD 20892-3665
(877) 946-4627; (202) 828-1025; fax: (202) 828-1028

www.weightwatchers.com
Weight Watchers International
Consumer Affairs Department/IN
175 Crossways Park West
Woodbury, NY 11797
(516) 390-1400; fax: (516) 390-1632

**World Hunger**

www.bread.org
Bread for the World
50 F Street, NW
Suite 500
Washington, DC 20001
(800) 822-7323; (202) 639-9400

http://hunger.tufts.edu
Center on Hunger, Poverty and Nutrition Policy
Tufts University School of Medicine
11 Curtis Avenue
Medford, MA 02155
(617) 627-6223; fax: (617) 627-3688

www.freefromhunger.org
Freedom from Hunger
1644 DaVinci Court
Davis, CA 95616
(800) 708-2555; fax: (530) 758-6241

www.oxfamamerica.org
Oxfam America
26 West Street
Boston, MA 02111-1206
(800) 776-9326; fax: (617) 728-2594

www.worldwatch.org
Worldwatch Institute
1776 Massachusetts Avenue NW
Suite 800
Washington, DC 20036
(202) 452-1999

**U.S. Government**

www.nutrition.gov
Online federal government information on nutrition

www.cdc.gov
Centers for Disease Control and Prevention
1600 Clifton Road
Atlanta, GA 30333
(800) 311-3435; (404) 639-3534

FDA Consumer Information Line
(301) 827-4420

FDA Office of Nutritional Products, Labeling and Dietary Supplements
HFS-800
200 C Street SW
Washington, DC 20204
(202) 205-4561; fax: (202) 205-4594

FDA Office of Plant and Dairy Foods and Beverages
HFS-300
200 C Street SW
Washington, DC 20204
(202) 205-4064; fax: (202) 205-4422

www.ftc.gov
Federal Trade Commission (FTC)
CRC-240
Washington, DC 20580
(877) 382-4357
U.S. Government (continued)

www.fda.gov
Food and Drug Administration (FDA)
Office of Consumer Affairs, HFE 1
Room 16-85
5600 Fishers Lane
Rockville, MD 20857
(888) 463-6332; (301) 443-1544

www.nal.usda.gov/fnic
Food and Nutrition Information Center
National Agricultural Library, Room 105
10301 Baltimore Avenue
Beltsville, MD 20705-2351
(301) 504-5719; fax: (301) 504-6409

www.frac.org
Food Research and Action Center (FRAC)
1875 Connecticut Avenue NW
Suite 540
Washington, DC 20009
(202) 986-2200; fax: (202) 986-2525

www.healthfinder.gov
Gateway for Health and Nutrition Information

www.nidcr.nih.gov
National Institute of Dental and Craniofacial Research (NIDCR)
National Institutes of Health
Bethesda, MD 20892-2190
(301) 496-4261

www.niddk.nih.gov
National Institute of Diabetes & Digestive & Kidney Diseases
Office of Communications and Public Liaison
NIDDK, NIH
Building 31, Room 9A04 Center Drive, MSC 2560
Bethesda, MD 20892-2560

www.nih.gov/health
National Institutes of Health search engine and free access to MEDLINE and PubMed databases

www.usda.gov
U.S. Department of Agriculture (USDA)
14th Street SW and Independence Avenue
Washington, DC 20250
(202) 720-2791

www.dhhs.gov
U.S. Department of Health and Human Services
200 Independence Avenue SW
Washington, DC 20201
(877) 696-6775; (202) 619-0257

www.epa.gov
U.S. Environmental Protection Agency (EPA)
1200 Pennsylvania Avenue NW
Washington, DC 20460
(202) 260-2090

www.pueblo.gsa.gov
U.S. General Services Administration
Federal Communication Information Center
Pueblo, CO 81009

www.bookstore.gpo.gov
U.S. Government Online Bookstore
U.S. Government Printing Office
701 N. Capitol Street, NW
Washington, DC 20401
(202) 512-0132; fax: (202) 512-1355

www.usda.gov/cnpp
USDA Center for Nutrition Policy and Promotion
3101 Park Center Drive
Room 1034
Alexandria, VA 22302-1594
(703) 305-7600; fax: (703) 305-3400